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Daily Physical Activity

Healthy Bodies

Healthy Eating

Healthy Minds

Healthy Environment

Send a picture of your DPA idea in action to your principal.

Send a picture of your Healthy Bodies idea in action to your principal.

Send a picture of your Healthy Eating idea in action to your principal.

Send a picture of your Healthy Minds idea in action to your principal.

Send a picture of your Healthy Environment idea in action to your principal.

Principals, pick 1 or more pictures to tweet from your school Twitter using both hashtags
#Fitgo2018
#PhysicalActivity

Principals, pick 1 or more pictures to tweet from your school Twitter using both hashtags
#Fitgo2018
#HealthyBodies

Principals, pick 1 or more pictures to tweet from your school Twitter using both hashtags
#Fitgo2018
#HealthyEating

Principals, pick 1 or more pictures to tweet from your school Twitter using both hashtags
#Fitgo2018
#HealthyMinds

Principals, pick 1 or more pictures to tweet from your school Twitter using both hashtags
#Fitgo2018
#HealthyEnviro

KEEP YOUR MIND, BODY AND SPIRIT FIT. SHOW HOW YOU HAVE BEEN HEALTHY THIS WEEK BY SHARING YOUR SUCCESS PHOTOS ON SOCIAL MEDIA. CHECK OUT THE TWITTER FEEDS TO SEE WHAT OTHER SCHOOLS ARE DOING TOO!

*This card counts as one classroom card.

Only pictures using both correct hashtags from February 26 to March 2, 2018 will count.*



Whole School